



RESETTING LOGIN PASSWORD

This guide walks users through resetting their RQ+ login password or setting a password for the first time.

Requesting a Password Reset

1. To reset the password to login, or to login for the first time, go to **plus.refquest.com** and click **"Set / Forgot Password."**

Sign Into RQ+

Email Address

Password

☐ Remember Me [Set / Forgot Password](#)

Sign In

Getting Started with RQ+

If you are just getting started with RQ+ and received an onboarding email, click [Forgot Password](#) to get started.

Registering for an account? [Click here!](#)

2. Type the email address in the respective field, and then select **"Request Reset Email."**

Reset Password

Enter your email address below and we will send you a sign-in link if you are in the RQ+ system.

Email Address *

taylor.morgan21@example.com

If that email exists in our database, you will receive a reset email shortly after submission.

[Request Reset Email](#)

[Or click here return to login](#)

Forgot Password

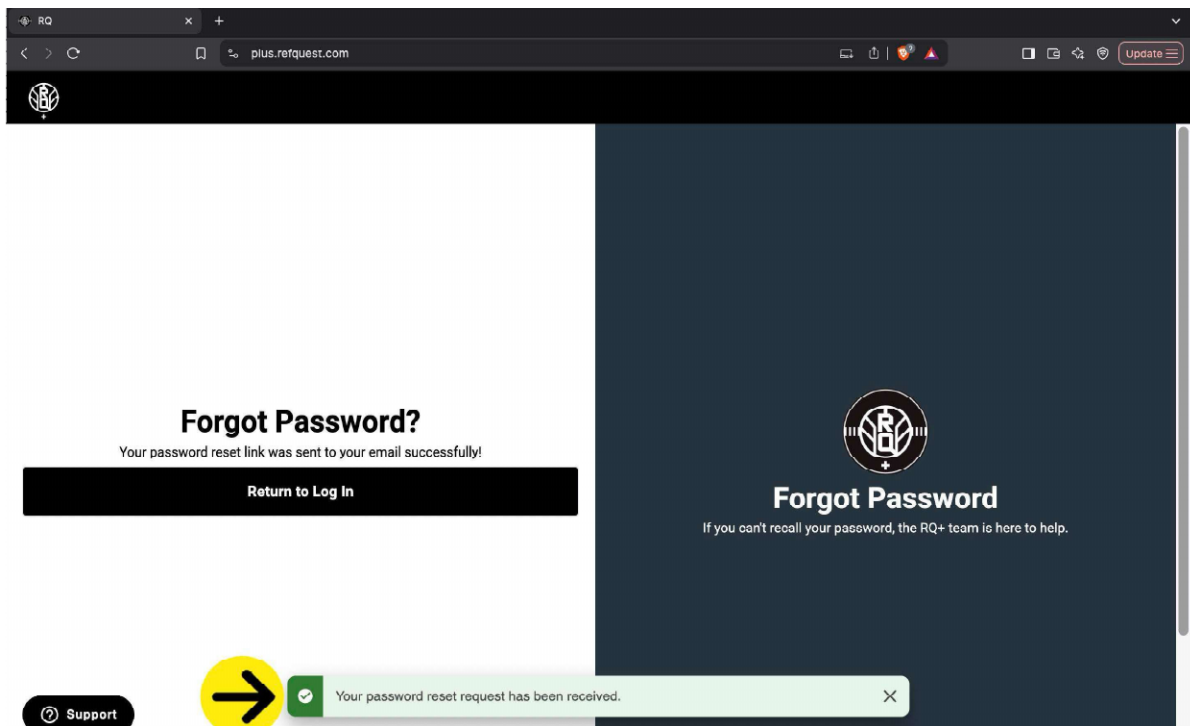
If you can't recall your password, the RQ+ team is here to help.

3. Note the message that the password reset email has been received.



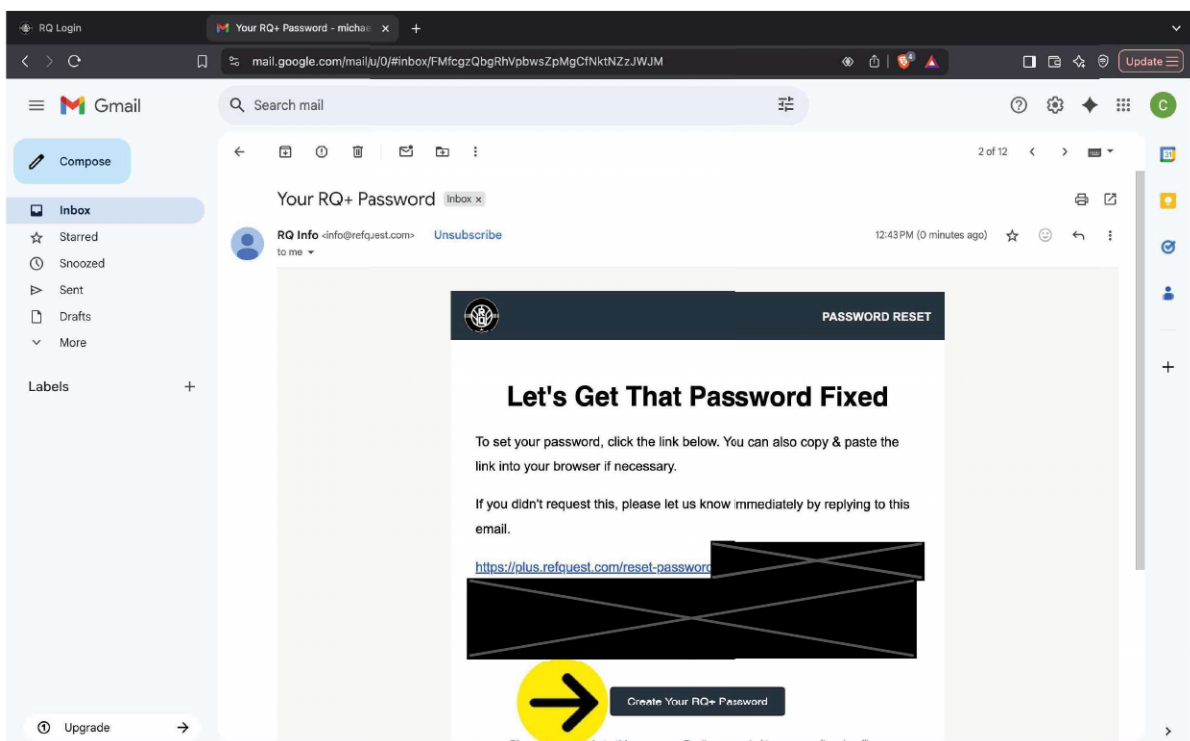


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Setting a New Password

1. Open the password reset email. Select "Create Your RQ+ Password."





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2. Enter the new password twice, once on each line. Make sure that all the requirements are met. Then, select **"Set Your Password."**

Enter your new password!

Password
.....

Confirm Password
.....

Set Your Password ←

Cancel

Let's Update Your Password

- ✓ Must include at least one letter and one number.
- ✓ Must be at least 8 characters long.
- ✓ Must include at least one capital letter and one lowercase letter.
- ✓ Must include at least one special character.
- ✓ Ensure passwords match.

3. Note the message that the password was changed successfully.

Sign Into RQ+

Email Address
.....

Password
.....

☐ Remember Me [Set / Forgot Password](#)

Sign In

[Registering for the NCAA or NAIA? Click here.](#)

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Support → Your password was changed successfully. X





RESETTING LOGIN PASSWORD

Logging In

1. Enter the email address and the new password. Select the **"Remember Me"** toggle to stay logged in, and select **"Sign In."**

Sign Into RQ+

Email Address
taylor.morgan21@example.com

Password

☒ Remember Me [Get / Forgot Password](#)

[Sign In](#)

Registering for the NCAA or NAIA? Click here.

Getting Started with RQ+

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Registering for an account? Click here!

2. The login is now successful.

Home Collaboration Assign Genesie Resource Pay peRQe

RQHQ
THE HOME PAGE FOR RQ+

Quick Links

- Video Library
- Directory
- Messages
- Registration
- Camps
- Schedule
- Availability
- Teeting
- My Stuff
- Profile

Action Items

- You have 1 unwatched video. [View](#)
- You have incomplete bank account information. [View](#)

Accounts & Central Hubs

Sample New Portal

Go to Account →

